



Treat your Feet is a new service offered by North Coast Connection providing simple foot care to anyone who would like help to look after their feet.

Treat your Feet provides affordable foot care from the Kyle Centre on Wednesday mornings. The service is available to anyone living in Tongue, Melness and Skerryay.

Treatments include:

- Nail clipping and filing toenails
- Smoothing and moisturising rough skin
- Footwear check for comfort, fit and safety
 - Foot pamper sessions

Prices:

- Purchase of foot care kit: £10.00
(one-off purchase required)
- Simple foot care session: £10.00
- Nail clipping and hard skin filing (30 mins)
 - Foot Pamper session: £15.00

Foot soak, nail and skin care, moisturising, foot and lower leg massage (45 mins)

Treat your Feet will help you to look after your feet, maintain good foot health and keep smiling!
Happy feet make for a happy face!

For more information or to make an appointment:

Contact Sarah on 01847 611 392

Email: manager@northcoastconnection.org.uk

